

Wexford Telehealth Pilot Project

Country	Ireland
Institution/Organisation	Wexford County Council-Age Friendly Programme, Wexford Older People's Council, Age Friendly Ireland, Health Service Executive (HSE), Wexford General Hospital
Type of setting	Community-based healthcare initiative
National Context	The project was part of a broader effort to integrate telehealth solutions into community care, particularly for older adults managing chronic conditions.

The project employed telehealth technologies to facilitate remote monitoring and virtual consultations for patients with chronic conditions. This included the use of devices to track health metrics and platforms for healthcare providers to engage with patients remotely.

Implementation Process

- **Steps Taken:** Identified eligible patients, provided necessary equipment and training, established remote monitoring protocols, and conducted regular virtual consultations
- **Stakeholders Involved:** Local government bodies, healthcare providers, community organizations, and patients.
- **Timeframe:** 12 weeks

Impact and Results

- **Quantitative Results:** While specific numerical outcomes were not detailed, the project aimed to reduce hospital admissions and improve health outcomes for patients with chronic conditions.
- **Qualitative Outcomes:** Patients reported increased confidence in managing their health, and healthcare providers noted improved engagement and adherence to treatment plans.

Success Factors

- Strong collaboration between local authorities, healthcare providers, and community organizations.
- Effective training and support for patients using telehealth technologies.
- Tailored interventions addressing the specific needs of older adults with chronic conditions.

Challenges and Barriers

- Ensuring digital literacy among older patients.
- Maintaining consistent engagement over the 12-week period.
- Addressing technical issues related to remote monitoring equipment.

Key Lessons Learned

- Personalized support and training are crucial for the successful adoption of telehealth solutions among older adults.
- Community involvement enhances the effectiveness and sustainability of healthcare interventions.